



124 on Queen Hotel and Spa Corporate Group Activities

Group Activities in Niagara-on-the-Lake

Transform your standard team-building initiatives into high-impact corporate experiences. Exceptional teams are built in more than just a boardroom. By collaborating with an exclusive network of local partners, we design bespoke team-building experiences that drive deeper engagement, boost morale, and foster authentic collaboration. Invest in your company culture with premium, locally sourced events tailored to your team's unique dynamics.

Available on-site

Wine Seminar & Tasting

- \$65 per guest
- \$250 Sommelier fee

Spa at Q

- Specialized Services & Treatments
- Hydrotherapy Wellness Circuit
- Private Before and After Hours Group Bookings

Cocktail Mixing Class

- \$65 per guest
- \$250 Mixologist fee

Wellness

- Yoga, Pilates, and Meditation
- Wellness Workshops

Before Hours

Invigorate the morning with your client list in our sensory sanctuary. Package includes exclusive access to the Hydrotherapy Wellness Circuit, with an option to add on a healthy grab-and-go style breakfast in our relaxation lounge. Maximum 20 guests from 6am-8am

After Hours

Ease into exclusive, evening rejuvenation. Package includes exclusive access to the Hydrotherapy Wellness Circuit for the group with an option to add on charcuterie and wine in our relaxation lounge. Custom menus and bar service also available. Maximum 20 guests from 7pm-9pm

Corporate Bundles

Incorporate wellness into your corporate event with our wellness packages. Regular Wellness practice positively impacts both employees and employers. Show your team you want to see them thrive outside of their work life, and support their commitment to a healthy balanced life. Corporate passes are sold in 20, 50 and 100 packs and are sharable amongst staff at the same workplace.

*A corporate retreat your team
can immerse into!*



Collaborate, Indulge, and Recharge in the Heart of Niagara-on-the-Lake

Locally available

Wine Tours

- [The Winery Guys](#)
- [Crush on Niagara](#)

Cooking Classes

- [Strewn Winery](#)
- [Chopped Challenge at Oast Brewery](#)

Formal LED Team Building

- [Summit Team Building](#)
- [Team Higher Ground](#)

Activities

- [SHAW Festival Theatre](#)
- [Whirlpool Jet Boat Tours](#)
- [NOTL Golf Club](#)
- [Tasc Tulip Farm \(Early Spring only\)](#)
- [You and I Paint](#)
- [Fort George National Historic Site](#)
- [Pedal Pub](#)
- [NOTL Museum Tours](#)
- [Philosophy Talks with Dr Ron Clavier](#)

124Q Preferred Vendors

- [Sound of Harmony DJ Services](#)
- [Solo Guitar Katey Gatta](#)
- [The Shalalas Duo Band](#)
- [Unger Studios Photography](#)
- [The Watering Can Florals](#)

124Q Preferred Off-site Meeting Venues

- [Reif Estate Winery](#)
- [Neil Campbell Rowing Centre](#)

Winery Experiences

- [Reif Estate Winery](#)
- [Stratus Vineyards](#)

Bike Tours & Rentals

- [Niagara Cycling Tours](#)
- [Zoom Leisure](#)

Destination Management Companies

- [MCC Events](#)
- [JPdL Destination Management](#)
- [The Idea Hunter](#)





Where business meets distinction.

124 on Queen provides a sophisticated backdrop for management retreats, corporate summits, and milestone events. We understand the nuances of professional hosting, delivering a level of excellence that ensures every occasion leaves a lasting impression on your stakeholders.

Visit us today!

124 on Queen Hotel and Spa | Niagara-on-the-Lake, Ontario

