

CONTINENTAL BREAKFAST

Breakfast Pastries
Smoked Salmon
Yogurt
Butter & Preserves
Berry Parfaits
Granola
Assorted Fruit
Broccoli and Cheddar Quiche
Orange, Grapefruit & Cranberry Juices
Freshly Brewed Coffee & Variety of Teas

Side Option Addons

Bacon Lyonnaise Potatoes Sausage

Additional Hot Breakfast Options Addons

Brioche French Toast with Ontario Maple, Smoked Bacon or Sausage

OR

Eggs Benedict with Soft Poached Egg, Toasted Muffin with Country Ham and Sauce Hollandaise

OR

Scrambled Eggs with Sautéed Mushrooms



COFFEE BREAK

Fair trade Decaf & Regular Coffee
Selection of Tea's
Assorted Juice, Pop, Bottled water
Fresh Baked Pastries
Selection of Homemade Cookies

Consider Adding an Executive Break Item

Sweet & Salty: assorted chocolate bars & chips
Yogurt Parfaits with berries & granola
Tapas: olives, spiced nuts and crostini
Fresh Fruit Smoothies
Hand-Made Granola Bars with nuts and dried fruits
Seasonal Fruit Platter
Cheese Plate with crackers and breads
Vegan Balls



BOXED LUNCH

Crudités & dip Roasted chicken salad sandwich on house made milk bun Whole fruit Water Bakery cookies

WORKING LUNCH

Select one soup

Butternut squash Roasted tomato Celery root Cream-less mushroom Curried cauliflower

SELECT TWO OPTIONS

Smoked Cumbrae Farms black forest ham, roasted garlic mayonnaise, tomato, lettuce, Kozliks mustard
Grilled Chicken Salad, arugula, preserved lemon
Local prosciutto, tomato, parmesan cheese, garlic lemon vinaigrette
Heirloom tomato & aged cheddar
Open Faced Chopped Farmhouse Eggs, Chives, Arugula, Butter Croissant
Braised Pork, Spicy Cabbage Slaw, Sesame Bun
Roasted beef, horseradish aioli, dijon mustard, local greens
Smoked salmon, whipped goat cheese, chive, lemon, butter croissant

Chefs selection of salads
Selection of sweets



UPGRADE HOT BUFFET LUNCH

Select one soup

Butternut squash Roasted tomato Celery root Cream-less mushroom Curried cauliflower

Select 1 hot item and 2 accompaniments

Hot items

Lemon roasted Atlantic salmon steamed broccolini, dill cream
Roasted heritage chicken breast, roasted chicken jus
Grilled housemate beef burgers, sesame seed bun
Individual pork pie's with kozliks crunchy mustard
Potato gnocchi with wild mushrooms, spinach, soy & truffle
Breaded fish cakes with sauce gribiche, capers & lemon

Accompaniments

Local greens with lemon truffle vinaigrette

Romaine lettuce, smoked, bacon, roasted garlic & buttermilk dressing

Quinoa with roasted red pepper & herbs, honey & dijon vinaigrette

Rosemary roasted fingerling potatoes

Buttered seasonal vegetables

Truffled pomme frites with parmesan cheese

Creamy potato salad with sweet & smokey mustard

Cucumber salad with cherry tomatoes, feta & red onion

Selection of house-made sweets